



This simple recipe makes a dip that tastes just like chocolate chip cookie dough!

HARVEST OF THE MONTH

Ingredient: Pulse crops (chickpeas)

Chickpea “Cookie” Dough

PREP TIME:	5 minutes mins
COOK TIME:	10 minutes mins
TOTAL TIME:	15 minutes mins
SERVINGS:	8 Servings
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INGREDIENTS

1 can chickpeas (15 oz or 1 ½ cups)
1/8 tsp salt
2 tsp vanilla
¼ C nut butter of choice
¼ C maple syrup or other sweetener
3 tbsp oats
¼ C chocolate chips

INSTRUCTIONS

1. Add all of the ingredients, except chocolate chips, to a food processor and process until smooth. (Or use an immersion blender in a bowl.)
2. Taste the mixture and add salt or maple syrup if desired. Mix in chocolate chips.
3. Serve spread on graham crackers, fruit, or pretzels.